	1st Day
3/4.00 pm	Pick up guests at the Airport
20/30 minutes stop	stop at the supermarket before arrving in the venue
6/7.00 pm	Guests arrival, apartment check-in (arrival hour depends on the airport selected)
8.00 pm	Welcome Dinner
10.30 pm	Free time / bed time
	2nd Day
8.00 - 9.00 am	Yoga Class
9.00 - 9.45 am	Breakfast
10. 20 am - 3.00/4. 00pm	Town Tour with food experience
Evening	Free Time extra activities
08.00 pm	Dinner
	3rd Day
8.00 - 9.00 am	Yoga Class
9.00 - 9.45 am	Breakfast
	Free Time extra activities
06.00 pm	Cooking Course
08.00 pm	Dinner
	4th Day
8.00 - 9.00 am	Yoga Class
9.00 - 9.45 am	Breakfast
10. 20 am - 3.00/5.	
00pm	Town Tour with surprised lunch
	Free Time extra activities
08.00 pm	Dinner
	5th Day
8.00 - 9.00 am	Yoga Class
9.00 - 9.45 am	Breakfast
	Free Time extra activities
05.00 pm	Wine tasting & visit
8.00 pm	Dinner
	6th Day
8.00 - 9.00 am	Yoga Class
9.00 - 9.45 am	Breakfast
10. 20 am - 4.00/5. 00pm	Town Tour
	Free Time extra activities
08.00 pm	Dinner
	7th Day
8.00 - 9.15 am	Breakfast